The Ultimate Steps to Financial Wealth

DISCLAIMER AND/OR LEGAL NOTICES

The information presented herein represents the views of the author as of the date of publication. Because of the rate with which conditions change, the author reserves the rights to alter and update his opinions based on the new conditions.

This course is for informational purposes only and the author does not accept any responsibilities for any liabilities resulting from the use of this information.

While every attempt has been made to verify the information provided here, the author and his referrals cannot assume any responsibility for errors, inaccuracies or omissions. Any slights of people or organizations are unintentional.

Table of Contents

Introduction

***"Success doesn't come to you…you go to it."-** Marva Collins*

Thank you for purchasing this eBook. As you read on you will find the very best techniques you can use for improving your wealth and success. It is important to remember that success first starts in the mind.

The techniques included come from a variety of sources from advanced goal planning to NLP. Using one technique alone will help you achieve the financial wealth you desire. But using all the methods included will make you virtually an unstoppable force of success and wealth.

The techniques can help you improve important areas of your life that will help you achieve your goals.

- You will learn how to set and achieve financial goals.
- You will learn how to develop focused attention.
- You will learn how to model success.
- You will learn how to be the very best you can be.
- You will learn how to be a consistent action taker

As soon as you learn a technique, I recommend you begin implementing it into your daily life.

Also try to enjoy your journey to wealth. See your goals as things that will inevitably happen. I look forward to seeing you use the techniques and strategies listed in this eBook to achieve your financial goals.

To your success

Read on…

Success Leaves Clues

"We are like dwarfs on the shoulders of giants, so that we can see more than they, and things at a greater distance, not by virtue of any sharpness on sight on our part, or any physical distinction, but because we are carried high and raised up by their giant size."

- John of Salisbury

One of the most efficient ways you can attain financial wealth is by copying an individual who is already wealthy. This is called borrowing success. You are standing on the shoulder of a giant to create your own success.

Tony Robbins best selling author of unlimited power said **"If you want to achieve success, all you need to do is find a way to model those who have already succeeded."**

People who are successful have natural qualities that make them wealthy. Therefore, it is important that you have a role model of your own.

Furthermore, having a successful role model will help you understand that attaining success and wealth is not impossible. With will and determination anybody can do it, no matter the circumstances. It will also help give you a sense of direction and understand what you need to do to reach your own goals.

In this section I will show you how to develop the natural qualities of your chosen role model. The qualities you develop will bring you more success and provide you with the motivation and confidence to achieve what you desire.

Equally important, the techniques stop you from becoming unmotivated and also prevent you from creating excuses. A role model will be your template for success, the more you take on the natural qualities of your role model the more successful you become.

Another benefit to this is that once you become wealthy and successful people around you will see you as a role model and as a result, you help others improve there own lives.

Now in the next section I will explain to the step by step procedure to developing the natural qualities of your chosen role model. This exercise is a mental process that is very powerful.

The Step by Step Process for Modelling Success

The technique we will be using is called **Modelling**. This is a powerful mental process that comes from NLP (Neuro linguistic Programming).

The principle behind this technique is based on the natural human ability to recreate excellence. As human beings we can adopt the beliefs, physiology and specific thought processes (strategies) that underlie any skill or behaviour.

Therefore you can achieve any outcome by studying how someone else goes about it.

Here are the steps to successfully modelling any individual:

Step 1: Observe your role model

In this step you will take on the physiology of your chosen role model. You take on that person's reality, meaning that you imaging that you are that person. In NLP we call this second position shift.

Step 2: You focus on "what" they do

Now you focus on "what" the person does to be successful. When you do this you understand the reason to their actions. You get a deeper understanding to their physiology and behaviour.

This process is very easy and can be done by simply observing that person.

Step 3: You look at “how” and “why” They do it

In this step you look at “how” and “why” the person does it. “How” a person does what they do is based on their “internal thinking strategy” and “why” a person does it is based on their “supporting beliefs and assumptions”. To do this step you imaging yourself fully as the person. Literally in your mind you become that person, and then you ask yourself **“what would I do now that I am role model?”**

Very soon you will start getting answers on the steps you need to take.

Step 4: Analyse and find the difference that makes the difference

Here we find the essential steps that make your role model successful. You pinpoint the essential qualities of your role model that produce consistent success.

Now you have to ask yourself these important questions:

“What are the behavioural patterns that produce success?”

“How did he/she achieve the results?”

“What did they do different from a person that is not successful?”

“What is the difference that makes the difference?”

Once you have the answers to these questions you can then move on to step 5.

Step 5: Design a step by step method to learning the skill or behaviour

Once you know the procedure that produces success, you now have to design a method to learning the skill or effectively adopting the desired behaviour. Once you have a method to learning the skill or behaviour begin practicing it daily until it becomes a part of you.

Additional Benefits to using this technique

Another benefit to using the process of modelling is that you can apply it in any area of your life. If you need to improve an area of your life just pick a role model and follow the steps listed above.

Once you have mastered this system you will be able to effectively model success. At will, you will be to the best you can be.

Furthermore, you will also be able to consistently produce excellence in any area of your chosen field.

Take note that this is a very powerful technique that will help you achieve any goal you set for yourself.

Take Control of Your Financial Situation

"Would you like me to give you a formula for success? It's quite simple, really. Double your rate of failure. You are thinking of failure as the enemy of success. But it isn't at all. You can be discouraged by failure or you can learn from it, so go ahead and make mistakes. Make all you can. Because remember that's where you will find success."
– ***Thomas J. Watson***

Most people often attribute their success or failure to outside circumstances. It is important to know that success starts with **"you"**. Once you fully understand this, you will see obstacles as merely temporary setbacks.

Successful people claim responsibility for there successes as well as there failures. As a result this provides them with more control over their lives. If you accept responsibility for all areas of your life, then you will have the power to change and improve it.

Therefore, if you do not like your current financial situation, take responsibility for it. It is your fault. If you do not have the type of money you desire, take responsibility for it. Once you take a look "**inside**" yourself instead of **"outside"** of yourself (looking for something or someone else to blame), you become more empowered and as a result motivate yourself to change.

Furthermore accepting responsibility will help you see failures as merely examples of what not to do.

In this section I will give you a mental tool for accepting your responsibility and how to use it to your advantage to generate success.

When you use this tool you will be able to develop mental clarity and also be able to provide you with solutions that will help overcome the obstacles that are in your way.

The Step by Step Procedure for Developing Mental Clarity

The principle behind this procedure is to see failures as only temporary obstacles that will eventually be conquered.

Most individuals are afraid of taking action because of the prospect of failure. Once you see failure as merely feedback of what not to do, you point yourself into the right direction for success.

Here is the procedure you take for developing mental clarity and seeing failures as challenges that you can and will overcome.

Step 1: Analyse your current situation and develop answers to improve it

In this step write down a problem you are currently facing and ask yourself **"what can I do to improve it".**

Step 2: Develop a plan for solving the problem and take action

Once develop the plan, take action. By taking action quickly you are able to get faster results. People who are successful know the importance of quick and efficient action.

Remember money loves speed, the faster you take action the quicker your results.

Step 3: Analyse results

In this step you may or may not have the results you desire. If you have the results you desire this is the end of the process. If not go to step 5 Remember **actions = results, results = feedback.**

Step 4: repeat until you get the results you desire

This is the most important step. Here you must make a commitment to yourself to keep taking action regardless of the result. If you worry about the result, you end up becoming less motivated and as a result you start to procrastinate.

The Importance of Seeing Failures as Feedback

It is very important that you see failures as a positive guide of what not to do. If you can do this, you can become a consistent action taker.

Thomas Edison tried 1000 times before he could successfully create the world's first light bulb. When he was asked about this he said:

'I have not failed 1000 times. I have not failed once. I have succeeded in proving that those 1000 ways will not work. When I have eliminated the ways that will not work, I will find the way that will work.'

How to Achieve any Financial Goal

Don't waste time calculating your chances of success and failure. Just fix your aim and begin. **- Guan Yin Tzu**

The methods included in this chapter are designed specifically to help you reach your goals faster and more efficiently. It also provides you with clarity and a step-by-step way of helping you take control of your financial life.

This method can help you achieve any financial goal you set for yourself and prevent you from having lack of money.

Equally important, it allows you to have more time for yourself during the day because you will be more focused and take action with mental clarity, making you more efficient.

Your friends and family will be in awe of how effective you are and how easily you set and achieve goals. You will also notice that the quality of your day improves; you get more work done and accomplish more.

You begin the next day with excitement and focus. You will become so motivated that setting and achieving goals becomes a hobby.

There are two procedures you take in this method one is called **Backward Planner,** This procedure involves stating your goal in the present tense, like you have already achieved it and making a mental plan backwards of what you did to achieve the goal. You do this until you reach a point where you are now in your current present moment.

The second procedure is called the **Daily Planner**; the purpose of this procedure is to provide you with daily action steps designed to bring you closer to your goal. So basically you take your goal and break it down into small achievable steps using the daily planner.

Moreover, the purpose of both procedures is to provide you with a clear sense of where you are and what you need to do to get to where you want to be.

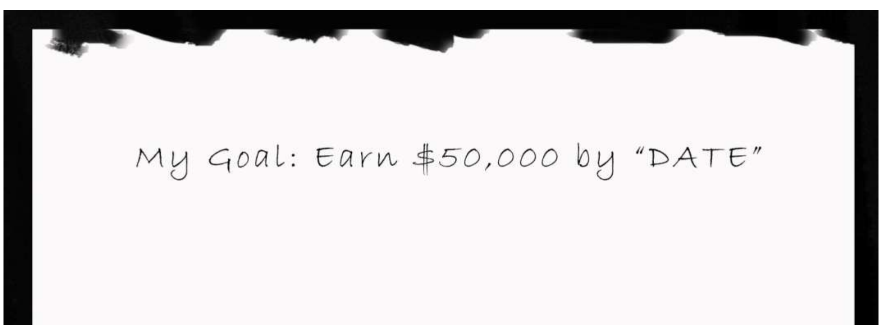
Now I will show you how to implement both procedures. This is what you need to do to be successful

The Backward Planner Method

Step 1: write down your goal

Write a goal of your choice on a blank piece of paper. This can be any type of goal, for the purpose of this e-book we will be concentrating on a financial goal. The goal must be a very specific amount and must have a deadline, this is important because if you are not specific the likelihood of you achieving the goal is very slim by having a specific goal and deadline you are less likely to procrastinate.

For example, if you desired to earn $50,000 you would write down on a blank piece of paper **"my goal: earn $50,000 by date"**. Replace date with a specific deadline you wish to accomplish your goal by.



Step 2: imagine you have already achieved you goal by the deadline and write it in the present tense

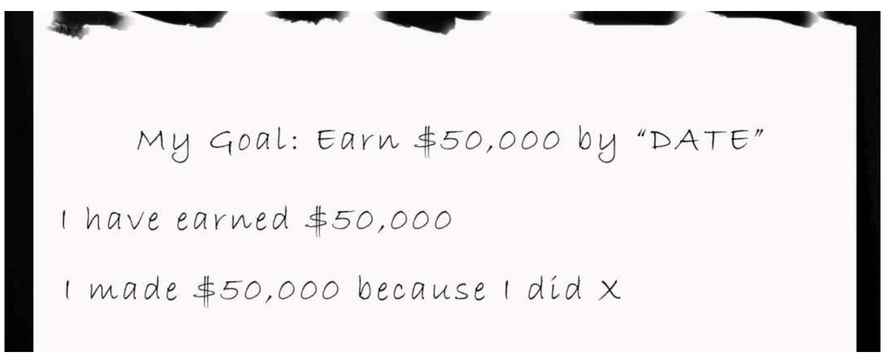
Imagine in your minds eye what it would feel like if you achieved the goal. Imagine as vividly as possible, how do you feel, what would it look like. Once you have got a clear picture of yourself achieving the goal in your imagination, write your goal down in the present tense. Writing a goal in the present tense allows you to use the creative powers of your mind to generate ideas that will help you reach your goal.

For example, for the $50,000 goal you would write **“I have earned $50,000”**

Step 3: imagine a step you would take just before reaching the goal

For this step you need to imagine an action step you would take right before you achieved the goal. There are many ways you could achieve your goal but try to write down an action step that feels right.

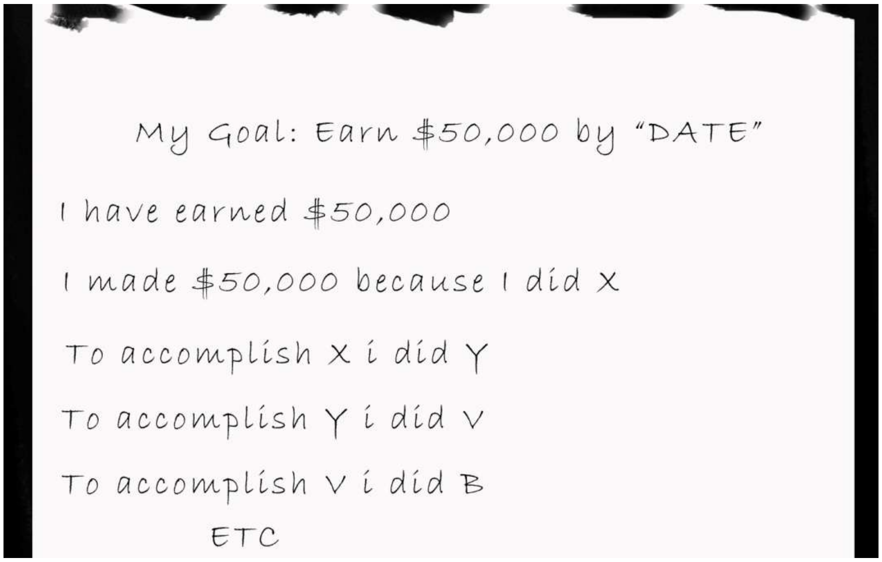
You need to use your intuition on this step. If you cannot find a good answer, chances are that deep down you know what the answer is, keep searching. Once you find the answer write it down just below your written goal.



Step 4: write more action steps

Begin writing more action steps, each step will be done backwards. Keep writing them down until you reach a point where you are now reading this e-book.

Once you have finished you will have a detailed plan of what you need to do in order to achieve your goal. Using this method will make achieving your goal much easier.



Now we can move on to the daily planner method.

The Daily Planner Method

Now in this section we are going to use the daily planner method to develop daily action steps.

Step 1: develop daily action steps based on your backward planner

Look at your backward planner, each action step you wrote down now becomes a **mini goal**. What we going to grab a fresh piece of paper and write down 5 -10 activities that will help you accomplish a single mini goal.

Furthermore, it is very important that you focus on a maximum of 10 activities because you do not want to overwhelm yourself. It is also important that these activities are laser targeted to only accomplishing your mini goal.

Step 2: Pick the most important activity and do that first

Now out of the 5 -10 activities, you need to pick one activity you believe will bring you the most value when completed. This one activity now becomes the top priority. It is important that 100% of your attention must be focused on completing this activity.

Step 3: Do the next activity you believe to be important

After you have completed the activity you can go on to the next task and keep repeating until you have completed the list.

The daily planner should be the first thing you do when you go about your day. This should especially be done before checking your emails.

Tips for Using This Method

I recommend dedicating an empty notebook to using this system as you are going to be doing a lot of writing.

If you do not finish a certain activity before the day ends you can carry the activity onto the next day.

Why This Method Works

The Backward Planner and the Daily Planner work so well because it combines the power of having a long term goal and a short term goal.

If you follow this method accurately you will find that you are able to achieve your goals much faster because you provide yourself with a clear and concise action plan. Remember that everything starts with you, nothing happens until something moves. Make a commitment to yourself to be a consistent action taker.

If an action step you take does not bring you the result you desired, don't be discouraged. Change your plan of attack and try again.

Once you apply this system again and again, reaching goals will become easier and easier.

Another benefit of using this system is that you can apply it to any area of your life.

How to Develop Laser Focus

"Determine what specific goal you want to achieve. Then dedicate yourself to its attainment with unswerving singleness of purpose, the trenchant zeal of a crusader." - **Paul J. Meyer**

One of the biggest problems people face when trying to achieve financial wealth is that they cannot focus. We live in the information age where most people suffer from what is called **'information overload'**. There are too many distractions around us.

Furthermore, in order to achieve financial wealth you need to have focus. A lack of focus leads to procrastination and procrastination leads to a lack of wealth.

In this chapter I will be to showing you how you can develop laser focus and how you can effectively accomplish more in less time. Learning this will allow you to speed your activities up and have more time for yourself during the day.

Moreover, you will be able to take control of your day. Often most people tend to watch how fast the day has gone by and are often frustrated by not being able to get anything done.

By using this simple method, you can create more focus for yourself. This will make it easy for you to accomplish more by doing less. Using this method will help you have more time for your family and friends them that they

Using the method also prevents you from feeling that you have wasted another day without accomplishing anything.

Developing Laser Focus

Focus can be strengthened like a muscle. The more you focus the stronger you get at it.

The purpose of this exercise is to develop **‘focused attention’**. This is when you focus on one activity at a time.

Many people have what is called **‘diverted attention’** this is when you are trying to do many things at once and as a result you nothing get done properly or at all.

By having focused attention you put 100% of your attention on the most valuable activity first.

Step 1: delay gratification and focus on the right thing first

Very often we tend to put high priority on things that bring no real value to our lives. For example you could be able to perform exceptionally well in a video game but have no real value in the real world. You may enjoy browsing web and going on YouTube and watching videos with intense focus but achieve nothing in the process.

Wealthy people are more willing to do the things they do not enjoy first and put the things they love doing second because they know that by doing so, they become more successful

Furthermore, to become financially wealthy you have to decide what the most important activity is. Be willing to delay gratification and do the things you find tedious first because they will bring you results.

So what you are required to do now is ask yourself this question:

‘What is the most important thing I have to do right now that will bring me one step closer to the results I desire?’

Step 2: select your task and take action

Once you have got the answer and know what you have to do. Begin taking action immediately. Eliminate all distractions and engage in nothing but the task, I recommend focusing on the task for a period of 90 minutes.

Step 3: Get into the zone

Once you start taking action in your activity you will eventually reach a state of flow. Many athletes and sports call this state the **'zone'**, when you are in the zone you become more focused and you are in the moment.

You completely forget about everything around you and nothing exists but you and your target.

I highly recommend getting a book that goes into more detail on the subject it is called **"Flow: The Psychology of Optimal Experience" by Mihaly Csikszentmihalyi**

Step 4: take regular breaks

You can only keep a high intensity of focused attention for so long before your mind eventually wanders of. So after a period of at least 90 minutes, you should take a 30 minute break. You can use this time to do what you enjoy doing. Once the break is over reengage yourself into the task.

Step 5: Develop a cycle of focused attention and taking regular breaks

Practice taking action with focused attention and take regular breaks in between. Once you get good at this focus becomes easy.

Tips for Using This Method

If you find it hard to complete a specific task or the task is really lengthy, I recommend breaking the task into chunks and completing only a part of it. It is better to complete a part of a task than to not do anything at all.

One of the reasons why people procrastinate is when they see a task before that seems long and tedious. As a result they end up delaying the completion of the task to a later date. By breaking a task into small parts you become more motivated to complete it.

The Benefits of Laser Focus

When applying this method you will find that you are more productive and you get more done in half the time normally required to complete a task. You can get to do the things you love without feeling guilty about not doing the tasks that you are supposed to complete.

Equally important, developing laser focus can not only help you become financially wealthy but can also be applied to other areas of your life. Focus will give you immense joy and also help you effectively deal with everyday problems in life. You will find that the level of focus you have will be directly related to your level of success, joy and fulfilment.

Become Excellent in Your Field

***"Do more than is required. What is the distance between someone who achieves their goals consistently and those who spend their lives and careers merely following? The extra mile"* - Gary Ryan Blair**

By becoming excellent in your chosen field or market, you are making a commitment to yourself to be the very best you can be. You are virtually guaranteed financial wealth because you are prepared to do what 99% of people in your field or market are not prepared to do, which is go the **extra mile**.

The 1% of individuals, who are willing to go the extra mile, is always the wealthiest. They control and dominate any market they enter. Your goal is to be part of that 1%.

By practicing being excellent you will become more successful. This one act alone will bring you immense wealth. It will also help you gain recognition. You will get the respect and admiration from people in your field. You will easily form business relationships with other individuals who are in the 1% and in the process increase your financial wealth.

How to Become Excellent

I have included a step by step method for you to start implementing so that you can become the very best you can be in your chosen field.

Moreover, the method uses the principles from a Japanese practice called 'Kaizen'. The word 'Kaizen' simply means 'improvement' more broadly it means continuous improvement in small increments.

You are going to pick one specific area of your field that brings you the most value and then become good at just that one area. Once you become good in just the one area, you choose another area of your field and become good at that also. You repeat this over and over; inevitably you will become excellent allowing you to join the top 1% of individuals in your field.

So here are the steps:

Step 1: research one area of your field

Here you begin by acquiring any knowledge you can on a chosen area of your field. For example if you were a marketer, you would research different ways on how to generate ‘customer leads’.

Step 2: become really good at it

Practice makes perfect, once you consistently apply what you have learnt about your chosen area, you end becoming much better at it. What was once hard now becomes easy.

Step 3: pick another area and become good at it also

Now once you are really good choose another are. Again for example, if you were a marketer you would now be very good at generating ‘customer leads’. You now pick another area of your marketing field, like ‘customer sales’ for example. You would learn how to get more sales from the customer leads you can now easily generate.

Furthermore, as a result of getting really good at both areas of your field, you increase your financial success.

Step 4: repeat the procedure

Now you are going to repeat the procedure

Tips for using this method

If you are able to offer unique and original value you can literally create new markets which in turn will allow you to dominate it.

You can also have your own unique edge on things that already exist in your field for example; toothpaste was originally offered in an only white format because they valued how the white paste was associated to the whiteness of the teeth. A rogue company came along and introduced ‘flavoured’ toothpaste, which not only cleaned your teeth but provided you with a fruity taste in your mouth. Now other companies copy the flavoured toothpaste idea and as a result a new market is created.

Conclusion

Hope you enjoy using the techniques listed above. Keep hitting your goals until you really hit it.

Once again I look forward to your success.

You've got the mindset. Now apply it.

Tap below to see a system that aligns with everything you've just learned.

👉 **Start the next step here**